

**Pets facilitate our access to the Five Domains of Wellbeing  
in a variety of ways, such as, they may...**



Consider what we know about equitable access to wellbeing in this country (based on race, gender, sexual orientation, etc.).

- How does that connect with pet ownership?
- Who decides what is and what is not a pet?
- Who gets to have a pet and who doesn't?
- Who gets penalized for having a pet and who doesn't?

**WELLBEING  
BLUEPRINT** >>>>

WellbeingBlueprint.org

**F** **FULL  
FRAME  
INITIATIVE**

FullFrameInitiative.org

\*Research has suggested that the relationship with a pet triggers oxytocin and many of the endocrine responses consistent with social connectedness. Source: Beetz A, Uvnäs-Moberg K, Julius H, Kotrschal K. Psychosocial and psychophysiological effects of human-animal interactions: the possible role of oxytocin. Front Psychol. 2012 Jul 9;3:234. doi: 10.3389/fpsyg.2012.00234. PMID: 22866043; PMCID: PMC3408111.